Scan the letters below. How many words can you find in 12 minutes?

**Sleep and Dreams**

Below are 18 verbs and phrases that can be used to describe a person’s sleeping habits.

18 words ...12 minutes!

- dream
- fall asleep
- get enough sleep
- get up early
- get up late
- go to bed early
- go to bed late
- go to sleep
- lie down
- nap
- nod off to sleep
- oversleep
- relax
- sleep-in
- snore
- talk in my sleep
- wake up
- yawn

Use as many of the above words as you can to describe YOUR sleeping habits.

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