

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

# VEGANISM



Question: *When was the last time you ate a vegetable or a fruit?*

- Complete the 15 sentences with the words on the left.



**A** animal rights *n.*

**D** dairy *n.*

diet *n.*

disease *n.*

**E** environment *n.*

ethical *adj.*

**F** factory farm *n.*

**L** leather *adj., n.*

**M** meal *n.*

**N** nutritious *adj.*

**P** plant based *adj.*

protein *n.*

**V** vegan *adj., n.*

vegetarian *adj., n.*

vitamin *n.*

1. A vegan is a person who does not eat meat, fish, eggs, dairy or other animal products.
2. \_\_\_\_\_s don't eat meat but they might eat eggs and cheese, and drink milk.
3. Milk and foods made from milk (such as cheese, butter, and ice-cream) are called \_\_\_\_\_ foods.
4. \_\_\_\_\_ is made from animal skin.
5. Fruits contain lots of \_\_\_\_\_ C.
6. \_\_\_\_\_ is found in beans, nuts and seeds.
7. People who think animals should be free believe in \_\_\_\_\_.
8. Chickens, pigs and cattle are often raised indoors in places called \_\_\_\_\_.
9. Most vegans think eating animals is wrong. They think it is not \_\_\_\_\_.
10. More and more people are switching to a vegan \_\_\_\_\_ because they think it's healthy.
11. Some people believe that a vegan diet is not very \_\_\_\_\_.
12. A vegan diet is also known as a \_\_\_\_\_ diet.
13. Many people believe that raising millions of animals is bad for our \_\_\_\_\_.
14. Do you eat meat at every \_\_\_\_\_?
15. Many doctors believe that eating lots of meat can cause \_\_\_\_\_s in some people.

**Aim** Supplementary vocabulary building

**Level** Intermediate to Advanced

**Time** Approximately 20 – 25 minutes

## ANSWER KEY

1. *vegan*
2. Vegetarian(s)
3. dairy
4. leather
5. vitamin
6. Protein
7. animal rights
8. factory farms
9. ethical
10. diet
11. nutritious
12. plant based
13. environment
14. meal
15. disease(s)

*My Notes*