Part 1 – Getting Ready

- Ask two classmates the questions below. Write their answers in the spaces.

<table>
<thead>
<tr>
<th>Classmate 1</th>
<th>How often do you exercise/play sports?</th>
<th>What sport do you like to watch most?</th>
<th>What sport do you like to play most?</th>
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</thead>
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</table>

<table>
<thead>
<tr>
<th>Classmate 2</th>
<th>How often do you exercise/play sports?</th>
<th>What sport do you like to watch most?</th>
<th>What sport do you like to play most?</th>
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</thead>
<tbody>
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</table>

Part 2 – Vocabulary Preview

- Complete the sentences below with the words in the box.

<table>
<thead>
<tr>
<th>bored</th>
<th>badminton</th>
<th>racket</th>
<th>frisbee</th>
</tr>
</thead>
<tbody>
<tr>
<td>push-ups</td>
<td>field</td>
<td>kick</td>
<td>sit-ups</td>
</tr>
</tbody>
</table>

1. Let’s sit down on the floor and see how many _sit- ups_ we can do.
2. I feel so ___________. There’s nothing fun to do.
3. Throw the ___________ to me!
4. There’s a nice, green, grassy ___________ nearby. Let’s go play there.
5. How far can you ___________ that football?
6. I want to play ___________, but we need another ____________.
7. You can do twenty sit-ups, but how many _______ - ______ can you do?

Part 3 – Listening Comprehension

- Listen to Tom and his father talking at the bus stop and choose the best answers.

1. Who says he is bored?
   A. Tom  B. Dad  C. Tom and Dad
2. Tom says he doesn’t like to read.
   A. True  B. False
3. Where are they going to play?
   A. in a park  B. in a field
4. When will they probably eat lunch?
   A. 12:00  B. 11:00
5. Where is Tom’s friend?
   A. at home  B. outside
6. Who is going to make lunch?
   A. Tom  B. Dad
LISTEN AGAIN – I’M SO BORED! (EXERCISE & SPORTS)
Part 4 – Listening, Spelling and Speaking Practice

• Listen again and write the missing words.

Tom
I’m so bored! There’s nothing to do. Can I watch some TV?

Dad
No, I think you watched enough TV already. Why don’t you read a book?

Tom
But I already finished (1) _________ my books! All of them!

Dad
Oh. Well, then, let’s go outside and get some (2) _________.

Tom
Oh … I don’t know.

Dad
Yeah, come on, we can (3) _________ a ball around or something.

Tom
Maybe …

Dad
Yeah, and don’t forget your (4) _________ . And your badminton rackets.

Tom
Well, I guess so. Where do you want to play? In the park, or in the (5) _________ across the street?

Dad
Let’s play across the street. It’s already 11:00, and we’ll probably eat lunch at (6) _________ . The park is a little far from here.

Tom
I have an idea. Let’s play badminton first, and then the loser has to do ten push-ups.

Dad
Uh … ten push-ups?

Tom
Ha ha! You’re afraid you’ll (7) _________!

Dad
No … it’s just that … . Well, how about the loser does ten push-ups and the (8) _________ does five sit-ups?

Tom
What?! That doesn’t make any sense!

Dad
Ha ha! You’re afraid you’ll win!

Tom
No, of course not. Okay, … let’s do it.

Dad
Hey, wait a (9) _________ . Before we go outside, why don’t you call your friend, Marcel? He can (10) _________ us.

Tom
No, I don’t (11) _________ to.

Dad
What? Why not?

Tom
Because I see him out the (12) _________ . He’s already outside (13) _________ in the field.

Dad
Hey, great.

Tom
I’ll (14) _________ you. The last person there has to make lunch!

Dad
Okay, no problem. Uh … wait a minute. If you lose, what are you going to make for lunch?

Tom
That’s (15) _________ . I’ll just call and order a pizza!

Dad
What?!
LISTEN AGAIN – I’M SO BORED! (EXERCISE & SPORTS)

Part 5 – Writing and Speaking Practice

- Work with a partner and continue the conversation between Tom and his father. Act out the conversation for two of your other classmates.

**Tom**

That’s easy. I’ll just call and order a pizza!

**Dad**

What?!

**Tom**

……………………………………………………………………

……………………………………………………………………

……………………………………………………………………

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**Dad**

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……………………………………………………………………

……………………………………………………………………

**Tom**

……………………………………………………………………

……………………………………………………………………

……………………………………………………………………

……………………………………………………………………
Listen Again
Topic: I'm So Bored! / Exercise & Sports
Elementary to Pre-Intermediate (45 – 55 mins)

NOTES & ANSWER KEYS

Part 1 / Getting Ready (5-10 mins)
Have your students stand up and quickly interview two classmates and take notes in the spaces provided. Make sure they talk to classmates who are not seated near them.

After they finish, ask them to sit down and report their findings to a classmate seated next to them.

Answers will vary.

Part 2 / Vocabulary (10 mins)
Ideally, you can write the eight words on the board and ask your learners to copy them into their notebooks and find out the meanings for homework. In the following class, read aloud the words in the box and ask your learners to repeat them after you for pronunciation practice. Elicit and discuss the meanings.

Have your students complete the sentences, compare with a partner, and then elicit their answers. Correct as a class.

1. sit-ups
2. bored
3. frisbee
4. field
5. kick
6. badminton / racket
7. push-ups

Part 3 / Listening (5-10 mins)
Read aloud the questions and the possible answers before playing the recording. Then, play the recording twice while your students listen and circle the best responses. Elicit and correct.

1. A (Tom)
2. B (False)
3. B (in a field)
4. A (12:00 / noon)
5. B (outside)
6. C (They don’t know.)

Part 4 / Listening, Spelling and Speaking Practice (10 mins)
Play the recording one more time while your students listen and fill in the missing words. Ask your students to compare their answers after they finish.

Ask your students to work in pairs and read aloud the dialog (one student is ‘Tom’ and the other is ‘Dad’).

1. reading
2. exercise
3. kick
4. frisbee
5. field
6. noon
7. lose
8. winner
9. minute
10. join
11. have
12. window
13. playing
14. race
15. easy

Part 5 (15 mins) Ask your learners to work in pairs and extend the dialog with their own sentences and perform for another pair of classmates.

Voice actors: Thomas Patrick Dobie (as ‘Tom’) and Robert Stewart Dobie (as ‘Dad’)

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LISTEN AGAIN – I'M SO BORED! (EXERCISE & SPORTS)
• AUDIO SCRIPT with ANSWERS

Tom  I’m so bored! There’s nothing to do. Can I watch some TV?

Dad  No, I think you watched enough TV already. Why don’t you read a book?

Tom  But I already finished reading my books! All of them!

Dad  Oh. Well, then, let’s go outside and get some exercise.

Tom  Oh … I don’t know.

Dad  Yeah, come on, we can kick a ball around or something.

Tom  Maybe …

Dad  Yeah, and don’t forget your frisbee. And your badminton rackets.

Tom  Well, I guess so. Where do you want to play? In the park, or in the field across the street?

Dad  Let’s play across the street. It’s already 11:00, and we’ll probably eat lunch at noon. The park is a little far from here.

Tom  I have an idea. Let’s play badminton first, and then the loser has to do ten push-ups.

Dad  Uh … ten push-ups?

Tom  Ha ha! You’re afraid you’ll lose!

Dad  No … it’s just that …. Well, how about the loser does ten pushups and the winner does five sit-ups?

Tom  What?! That doesn’t make any sense!

Dad  Ha ha! You’re afraid you’ll win!

Tom  No, of course not. Okay, … let’s do it.

Dad  Hey, wait a minute. Before we go outside, why don’t you call your friend, Marcel? He can join us.

Tom  No, I don’t have to.

Dad  What? Why not?

Tom  Because I see him out the window. He’s already outside playing in the field.

Dad  Hey, great.

Tom  I’ll race you. The last person there has to make lunch!

Dad  Okay, no problem. Uh … wait a minute. If you lose, what are you going to make for lunch?

Tom  That’s easy. I’ll just call and order a pizza!

Dad  What?!