

NAME: _____

DATE: _____

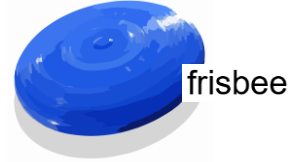
Listen Again

Beginner-Elementary



kick


“I’M SO BORED!” (Exercise & Sports)



frisbee

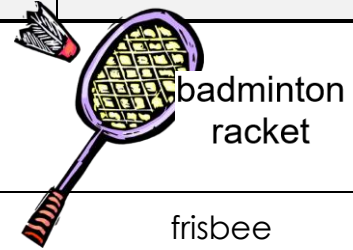
Part 1 – Getting Ready

- Ask two classmates the questions below. Write their answers in the spaces.

	How often do you exercise/play sports?	What sport do you like to watch most?	What sport do you like to play most?
Classmate 1			
Classmate 2			

Part 2 – Vocabulary Preview

- Complete the sentences below with the words in the box.



badminton racket

bored	badminton	racket	frisbee
push-ups	field	kick	sit-ups

- Let's sit down on the floor and see how many sit-ups we can do.
- I feel so _____. There's nothing fun to do.
- Throw the _____ to me!
- There's a nice, green, grassy _____ nearby. Let's go play there.
- How far can you _____ that football?
- I want to play _____, but we need another _____.
- You can do twenty sit-ups, but how many _____ - _____ can you do?

Part 3 – Listening Comprehension

- Listen to Tom and his father talking at the bus stop and choose the best answers.

- | | | | |
|---------------------------------------|--------------|---------------|---------------------|
| 1. Who says he is bored? | A. Tom | B. Dad | C. Tom and Dad |
| 2. Tom says he doesn't like to read. | A. True | B. False | |
| 3. Where are they going to play? | A. in a park | B. in a field | C. They don't know. |
| 4. When will they probably eat lunch? | A. 12:00 | B. 11:00 | C. in a few minutes |
| 5. Where is Tom's friend? | A. at home | B. outside | C. They don't know. |
| 6. Who is going to make lunch? | A. Tom | B. Dad | C. They don't know. |

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LISTEN AGAIN – I'M SO BORED! (EXERCISE & SPORTS)

Part 4 – Listening, Spelling and Speaking Practice

- Listen again and write the missing words.

Tom I'm so bored! There's nothing to do.
Can I watch some TV?

Dad No, I think you watched enough TV
already. Why don't you read a book?

Tom But I already finished **(1)**_____ my
books! All of them!

Dad Oh. Well, then, let's go outside and
get some **(2)**_____.

Tom Oh ... I don't know.

Dad Yeah, come on, we can **(3)**_____
a ball around or something.

Tom Maybe

Dad Yeah, and don't forget your
(4)_____. And your badminton
rackets.

Tom Well, I guess so. Where do you want
to play? In the park, or in the
(5)_____ across the street?

Dad Let's play across the street. It's already
11:00, and we'll probably eat lunch at
(6)_____. The park is a little far
from here.

Tom I have an idea. Let's play badminton first,
and then the loser has to do ten push-
ups.

Dad Uh ... ten push-ups?

Tom Ha ha! You're afraid you'll **(7)**_____!

Dad No ... it's just that Well, how about
the loser does ten push-ups and the
(8)_____ does five sit-ups?

Tom What?! That doesn't make any sense!

Dad Ha ha! You're afraid you'll win!

Tom No, of course not. Okay, ... let's do it.

Dad Hey, wait a **(9)**_____. Before we
go outside, why don't you call your
friend, Marcel? He can **(10)**_____
us.

Tom No, I don't **(11)**_____ to.

Dad What? Why not?

Tom Because I see him out the
(12)_____. He's already outside
(13)_____ in the field.

Dad Hey, great.

Tom I'll **(14)**_____ you. The last person
there has to make lunch!

Dad Okay, no problem. Uh ... wait a minute.
If you lose, what are you going to make
for lunch?

Tom That's **(15)**_____. I'll just call and
order a pizza!

Dad What?!



NAMES: _____ / _____

DATE: _____

LISTEN AGAIN – I'M SO BORED! (EXERCISE & SPORTS)

Part 5 – Writing and Speaking Practice

- Work with a partner and continue the conversation between Tom and his father. Act out the conversation for two of your other classmates.

Tom That's easy. I'll just call and order a pizza!

Dad What?!

Tom

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Dad

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Tom

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Dad

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Tom

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Listen Again
Topic: I'm So Bored! / Exercise & Sports
Elementary Level (45 – 55 mins)



NOTES & ANSWER KEYS

Part 1 / Getting Ready (5-10 mins)

Have your students stand up and quickly interview two classmates and take notes in the spaces provided. Make sure they talk to classmates who are not seated near them.

After they finish, ask them to sit down and report their findings to a classmate seated next to them.

Answers will vary.

Part 2 / Vocabulary (10 mins)

Ideally, you can write the eight words on the board and ask your learners to copy them into their notebooks and find out the meanings for homework. In the following class, read aloud the words in the box and ask your learners to repeat them after you for pronunciation practice. Elicit and discuss the meanings.

Have your students complete the sentences, compare with a partner, and then elicit their answers. Correct as a class.

1. sit-ups
2. bored
3. frisbee
4. field
5. kick
6. badminton / racket
7. push-ups

Part 3 / Listening (5-10 mins)

Read aloud the questions and the possible answers before playing the recording. Then, play the recording twice while your students listen and circle the best responses. Elicit and correct.

1. A (Tom)
2. B (False)
3. B (in a field)
4. A (12:00 / noon)
5. B (outside)
6. C (They don't know.)

Part 4 / Listening, Spelling and Speaking Practice (10 mins)

Play the recording one more time while your students listen and fill in the missing words. Ask your students to compare their answers after they finish.

Ask your students to work in pairs and read aloud the dialog (one student is 'Tom' and the other is 'Dad').

- | | |
|-------------|-------------|
| 1. reading | 9. minute |
| 2. exercise | 10. join |
| 3. kick | 11. have |
| 4. frisbee | 12. window |
| 5. field | 13. playing |
| 6. noon | 14. race |
| 7. lose | 15. easy |
| 8. winner | |

Part 5 (15 mins) Ask your learners to work in pairs and extend the dialog with their own sentences and perform for another pair of classmates.

Voice actors: Thomas Patrick Dobie (as 'Tom') and Robert Stewart Dobie (as 'Dad')

LISTEN AGAIN – I'M SO BORED! (EXERCISE & SPORTS)

• AUDIO SCRIPT with ANSWERS

Tom I'm so bored! There's nothing to do. Can I watch some TV?

Dad No, I think you watched enough TV already. Why don't you read a book?

Tom But I already finished **(1) reading** my books! All of them!

Dad Oh. Well, then, let's go outside and get some **(2) exercise**.

Tom Oh ... I don't know.

Dad Yeah, come on, we can **(3) kick** a ball around or something.

Tom Maybe

Dad Yeah, and don't forget your **(4) frisbee**. And your badminton rackets.

Tom Well, I guess so. Where do you want to play? In the park, or in the **(5) field** across the street?

Dad Let's play across the street. It's already 11:00, and we'll probably eat lunch at **(6) noon**. The park is a little far from here.

Tom I have an idea. Let's play badminton first, and then the loser has to do ten push-ups.

Dad Uh ... ten push-ups?

Tom Ha ha! You're afraid you'll **(7) lose!**

Dad No ... it's just that Well, how about the loser does ten pushups and the **(8) winner** does five sit-ups?

Tom What?! That doesn't make any sense!

Dad Ha ha! You're afraid you'll win!

Tom No, of course not. Okay, ... let's do it.

Dad Hey, wait a **(9) minute**. Before we go outside, why don't you call your friend, Marcel? He can **(10) join** us.

Tom No, I don't **(11) have** to.

Dad What? Why not?

Tom Because I see him out the **(12) window**. He's already outside **(13) playing** in the field.

Dad Hey, great.

Tom I'll **(14) race** you. The last person there has to make lunch!

Dad Okay, no problem. Uh ... wait a minute. If you lose, what are you going to make for lunch?

Tom That's **(15) easy**. I'll just call and order a pizza!

Dad What?!

