

opinions about *health and medicine*



Qs:

1. *What do you do to stay healthy?*
2. *What are some other things you could do to stay healthy?*

■ Now, read the sentences below. Circle the numbers that best express your opinions.

■ Then, compare your answers with your classmates. Give reasons.

Smoking is fun.	1	2	3	4	5
Exercising is fun.	1	2	3	4	5
Eating lots of vegetables is fun.	1	2	3	4	5
Going for a doctor's visit is scary.	1	2	3	4	5
Studying English can cause stress and make people unhealthy.	1	2	3	4	5
People need to exercise at least 30 minutes every day to stay healthy.	1	2	3	4	5
Often washing your hands can keep you healthy.	1	2	3	4	5
Being overweight is worse than being underweight.	1	2	3	4	5
It's easy to live to be over 100 years old if you eat well and exercise.	1	2	3	4	5
People can't be happy if they are not healthy.	1	2	3	4	5
It would be great to work as a doctor.	1	2	3	4	5
It's important to take vitamin pills.	1	2	3	4	5

POSSIBLE ANSWERS

- 5 I agree completely
- 4 I mostly agree
- 3 I'm not sure
- 2 I mostly disagree
- 1 I disagree completely

