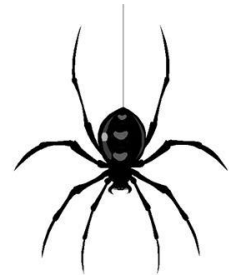


survey about **fears**

Qs:

1. Do you know anyone with a **phobia**? Who?
2. When was the last time you felt afraid? Why were you afraid?

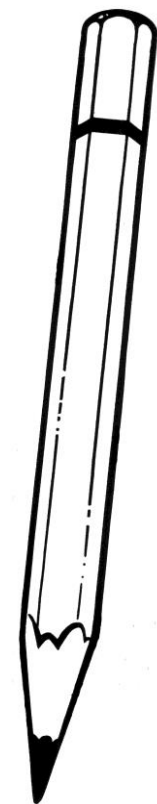


- Circle the numbers that express how you feel about the things below.
- Then, compare your answers with your classmates.

cats	1	2	3
crowded spaces	1	2	3
the dark	1	2	3
dogs	1	2	3
English tests	1	2	3
flying	1	2	3
germs and dirt	1	2	3
heights	1	2	3
needles	1	2	3
snakes	1	3	3
spiders	1	2	3
thunder	1	2	3

POSSIBLE ANSWERS

- 1 = not afraid
- 2 = a little afraid
- 3 = very afraid



Discuss

1. Why are you afraid of some of the above things?
2. Do you know anyone who is afraid of some of these things? Who?
3. How can fear help you? How can it hurt you?
4. What can you do to become less afraid of these things?