

opinions about **exercise and sports**

Qs:

1. What is your favorite sport to watch on TV?
2. Do you think you get enough exercise? Why (not)?



- Now, read the sentences below. Circle the numbers that best express your opinions.
- Then, compare your answers with your classmates. Give reasons.

Running is fun.	1	2	3	4	5
Riding a bicycle is dangerous.	1	2	3	4	5
Learning how to swim is easy.	1	2	3	4	5
Team sports are better than individual sports.	1	2	3	4	5
Everyone should get at least an hour of exercise each day.	1	2	3	4	5
Kids should learn how to play sports when they are 4 or 5 years old.	1	2	3	4	5
Older people should stop exercising.	1	2	3	4	5
Watching sports on TV is more fun than playing sports.	1	2	3	4	5
Winning a silver medal is just as good as winning a gold medal.	1	2	3	4	5
Lifting weights is the best kind of exercise.	1	2	3	4	5
It would be great to work as a football coach.	1	2	3	4	5
It's fun to exercise.	1	2	3	4	5

POSSIBLE ANSWERS

- 5 I agree completely
- 4 I mostly agree
- 3 I'm not sure
- 2 I mostly disagree
- 1 I disagree completely

