TOPICS DISCUSSION
HEALTH & MEDICINE
Student ‘A’

Discuss the questions below with your partner.

1. How can the kind of food you eat keep you healthy?
2. How often do you catch a cold?
3. Is there a hospital near your school or near your home?
4. Would you like to be a doctor? Why? / Why not?
5. Do you ever take vitamin pills (like vitamin C) to stay healthy? Why? Why not?
7. Do you think you get enough exercise?
8. Do you spend much time thinking about how to stay healthy? Why? / Why not?
9. Do you think happy people live longer?
10. Are most people healthier today than 100 years ago? Why? / Why not?

TOPICS DISCUSSION
HEALTH & MEDICINE
Student ‘B’

Discuss the questions below with your partner.

1. How can exercise keep you healthy?
2. Have you ever broken a bone? If ‘yes’, what happened?
3. How do you usually feel when you see a doctor? Why?
4. Why is smoking bad for you?
5. Is going to bed early important for good health? Why? / Why not?
6. What are ‘germs’? What can you do to avoid (stay away from) them?
7. Do you think you eat enough healthy food?
8. How can spending lots of time online or in front of a TV affect your health?
9. Do you think you have a healthy lifestyle?
10. Do you want to live to be over 100 years old? Why? / Why not?