TOPICS DISCUSSION

EXERCISE and SPORTS

Student ‘A’

Discuss the questions below with your partner.

1. What is your favorite kind of exercise?
2. How much exercise do you get each week? Do you think you get enough exercise?
3. What are some examples of ‘winter sports’ that you can play in the snow or on ice?
4. Should schools give more time to students to play sports? Why? / Why not?
5. What are three examples of team sports? Individual sports (sports you play alone)?
6. What strange or unusual sports do you know about?
7. Do you know how to swim? Is a pool or a beach the best place to swim? Why?
8. What sports do you think are really boring?
10. Did you do any exercise or play any sports yesterday? If, ‘yes’, what kind?

TOPICS DISCUSSION

EXERCISE and SPORTS

Student ‘B’

Discuss the questions below with your partner.

1. What kind of exercise do you hate? Why don’t you like it?
2. Do you like to watch sports on TV? Why? / Why not?
3. Would you like to be a professional athlete (play sports as a job)? Why? / Why not?
4. What sport are you best at?
5. Do you prefer team sports or individual sports? Why?
6. What are the most popular sports in the world? Why are they so popular?
7. What is the best age for children to learn how to swim? Why?
8. Is lifting heavy weights a good way to get strong and healthy? Why? / Why not?
9. Baseball or football? Which is better? Why?
10. Are you going to do any exercise or play any sports tomorrow? If ‘yes’, what kind?

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