TOPICS DISCUSSION

EXERCISE and SPORTS

Student 'A'

- Discuss the questions below with your partner.
- 1. What is your favorite kind of exercise?
- 2. How much exercise do you get each week? Do you think you get enough exercise?
- 3. What are some examples of 'winter sports' that you can play in the snow or on ice?
- 4. Should schools give more time to students to play sports? Why? / Why not?
- **5.** What are three examples of *team sports? Individual sports* (sports you play alone)?
- **6.** What strange or unusual sports do you know about?
- 7. Do you know how to swim? Is a pool or a beach the best place to swim? Why?
- 8. What sports do you think are really boring?
- 9. Should older people stop exercising? Why? / Why not?
- 10. Did you do any exercise or play any sports yesterday? If, 'yes', what kind?



TOPICS DISCUSSION **EXERCISE and SPORTS**

Student 'B'

- Discuss the questions below with your partner.
- 1. What kind of exercise do you hate? Why don't you like it?
- 2. Do you like to watch sports on TV? Why? / Why not?
- 3. Would you like to be a professional athlete (play sports as a job)? Why? / Why not?
- **4.** What sport are you best at?
- 5. Do you prefer team sports or individual sports? Why?
- 6. What are the most popular sports in the world? Why are they so popular?
- 7. What is the best age for children to learn how to swim? Why?
- 8. Is lifting heavy weights a good way to get strong and healthy? Why? / Why not?
- **9.** Baseball or football? Which is better? Why?
- **10.** Are you going to do any exercise or play any sports tomorrow? If 'yes', what kind?









