- Write the words in the correct spaces. Listen to check your answers.

**DIALOG 1**

<table>
<thead>
<tr>
<th>Doctor: How often do you exercise, John?</th>
</tr>
</thead>
<tbody>
<tr>
<td>John: I do __________ once or twice a month.</td>
</tr>
<tr>
<td>Doctor: That’s not __________!</td>
</tr>
<tr>
<td>John: Well, sometimes I watch __________ on TV!</td>
</tr>
</tbody>
</table>

| sit-ups | baseball | enough |

**DIALOG 2**

<table>
<thead>
<tr>
<th>Dad: Hey, Tom. Turn off the TV! Let’s __________.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tom: Nah, let’s __________ instead.</td>
</tr>
<tr>
<td>Dad: Why?</td>
</tr>
<tr>
<td>Tom: I want to try out my new __________.</td>
</tr>
</tbody>
</table>

| go cycling | bicycle | go jogging |

**DIALOG 3**

<table>
<thead>
<tr>
<th>Emily: What’s your favorite kind of exercise, Chris?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chris: That’s easy . . . __________!</td>
</tr>
<tr>
<td>Emily: Great! Let’s enter a __________ next week!</td>
</tr>
<tr>
<td>Chris: Uh, did I say running is my favorite sport?</td>
</tr>
<tr>
<td>In fact, I prefer doing __________.</td>
</tr>
</tbody>
</table>

| yoga | running | marathon |
• Work with a classmate and continue each dialog. Write in the spaces below.

**DIALOG 1 (How often do you exercise?)**

**Doctor**  How often do you exercise, John?

**John**  I do sit-ups once or twice a month.

**Doctor**  That’s not enough!

**John**  Well, sometimes I watch baseball on TV.

**Doctor**  .................................................................

**John**  .................................................................

**DIALOG 2 (Let’s go cycling.)**

**Dad**  Hey, Tom. Turn off the TV! Let’s go jogging.

**Tom**  Nah, let’s go cycling instead.

**Dad**  Why?

**Tom**  I want to try out my new bicycle!

**Dad**  .................................................................

**Tom**  .................................................................

**DIALOG 3 (Your favorite exercise)**

**Emily**  What’s your favorite kind of exercise, Chris?

**Chris**  That’s easy . . . running!

**Emily**  Great! Let’s enter a marathon next week!

**Chris**  Uh, did I say running is my favorite sport? In fact, I prefer doing yoga.

**Emily**  .................................................................

**Chris**  .................................................................

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BASIC ENGLISH DIALOGS

Exercise and Sports

Aim  Vocabulary practice; Listening practice; Speaking practice
Level  Beginner to Elementary

ANSWER KEY

DIALOG 1 (How often do you exercise?)

Doctor: How often do you exercise, John?
John: I do sit-ups once or twice a month.
Doctor: That’s not enough!
John: Well, sometimes I watch baseball on TV.

* * * *

DIALOG 2 (Let’s go cycling.)

Dad: Hey, Tom. Turn off the TV! Let’s go jogging.
Tom: Nah, let’s go cycling instead.
Dad: Why?
Tom: I want to try out my new bicycle.

* * * *

DIALOG 3 (Your favorite kind of exercise)

Emily: What’s your favorite kind of exercise, Chris?
Chris: That’s easy . . . running!
Emily: Great! Let’s enter a marathon next week!
Chris: Uh, did I say running is my favorite sport? In fact, I prefer doing yoga.

ACTIVITY SUGGESTION

• After they extend the dialogs on page 2, ask your learners to practice their conversations in pairs! Have one or two pairs perform for the entire class!