

## 16 Question Strips

# HEALTH and MEDICINE



- How often do you catch a cold?
- How can exercise keep you healthy?
- Is there a hospital or clinic near your home?
- Would you like to be a doctor? Why? / Why not?
- Do you smoke? Why is smoking bad for your health?
- Is going to bed early important for good health? If 'yes', how?
- Do you eat enough healthy food?
- How often do you exercise? Do you get enough exercise?
- Happy people often live longer. How can a person be happy?
- Are most people healthier today than 100 years ago?
- Do you want to live to be 100 years old? Why? / Why not?
- How can watching lots of TV affect your health?
- Do you ever take vitamin pills to stay healthy? Why? / Why not?
- Do you know any home remedies for a cold? If 'yes', what?
- Are you afraid of needles? Why? / Why not?
- How can someone quit smoking? Is it easy to do?

**Aim** Speaking Practice

**Level** Intermediate to Advanced

- **As a Seated Activity**

Have your students seated in pairs or in groups of three.

Lay the sixteen cut-up questions – face-down – between the students.

Students take turns randomly selecting questions to ask their partner(s). Encourage follow-up questions.

Be sure to set a time frame for your students (try starting with 10 – 15 minutes for 16 questions; you may want to adjust this in later classes). Monitor and assist.

- **As a Standing Activity 1**

Have all your students stand up.

Give one question strip to each student.

Students find a partner and ask their question. Encourage follow-up questions.

After the students have asked each other their questions, have them exchange question strips and find new partners and continue.

Set a time frame as above. Monitor and assist.

- **As a Standing Activity 2**

This activity runs exactly the same as in ‘Standing Activity 1’ except that students first have about a minute to memorize their question (before placing it in their pocket – it can be used as a prompt if needed).

After each short conversation, students ‘mentally exchange’ their questions – they must help each other memorize their new questions before setting off to find a new partner.

This activity version is a little challenging, but also lots of fun – and it’s great to see all the learning that takes place!

Set a time frame as above. Monitor and assist.